
Better Balance Education

Takeaway Trio for DSLs

Summer 2 2024 Primary

Safeguarding Network

Have you joined the safeguarding network? There are different layers of membership offering enhanced services but the **free** layer enables you to access a wide range of [resources](#) and also to receive a regular bulletin. There are some very interesting and good value courses run by the organisation that are highly regarded. The higher the tier of membership, the more things are available. You can find the website [here](#).

Y6 - Y7: Helping them with anxiety

[Young Minds](#) have produced an excellent resource to support young people with anxiety. With Year 6 about to take the massive step into secondary education and become Year 7, this is something that will be clear and present in the minds of a lot of young people.

The resource is split into a number of sections:

- Definitions of anxiety
- Information on spotting signs of anxiety
- Behaviours associated with anxiety
- Effective ways to support young people with anxiety
- Information on avenues for further support

All is written in an easily accessible style and is suitable for support staff and teachers. In short, well worth a look.

You can find the resource [here](#).

Worth a Read: Not In School

The Children and Young People's Mental Health Coalition and Centre for Mental Health (CYPMHC), has recently published a report on the issue of school attendance. It focuses on mental health and a cause of absenteeism and is an excellent piece of work. You can find the report [here](#).
